

RSHE POLICY	
Localised School Based Procedures	
School Name:	Manor Church of England Academy
Principal:	Jordan Cairns
Designated Safeguarding Lead:	Rebecca Kommer
RSHE Lead	Kane Brierley
Implementation Date: <i>Inline with policy approval</i>	September 2026

Introduction

In conjunction with our Trust wide RSHE policy, localised procedures have been established to ensure that systems and procedures reflect the school/academy setting.

The localised procedures for the school/academy setting focus on the following key areas: -

- RSE Programmes of Study
- Health Education Programmes of Study
- Assessment

Should you have any concerns or questions relating to the localised procedure, in the first instance, please contact hello@mce.hlt.academy

RSHE Programmes of Study	
Relates to item 5.1 within the RSHE Policy	
Year 7	<p>In year 7 students receive the topic building relationships as part of their RSHE curriculum.) This is delivered on a personal development day in January (allocated topic lessons to Manor teaching staff members). The content covered in this topic include:</p> <ul style="list-style-type: none"> ● Deciding what to watch ● Relationships on screen ● Introduction to consent <p>Students also receive the topic Diversity, prejudice and bullying as part of their RSHE curriculum. This is delivered only in their PSHE lessons fortnightly and the content covered in this topic include:</p> <ul style="list-style-type: none"> ● Identity, rights and responsibilities ● Living in a diverse society ● Prejudice, stereotypes and discrimination ● Bullying

RSHE Programmes of Study

Relates to item 5.1 within the RSHE Policy

	<ul style="list-style-type: none"> ● Supporting others <p>Students also receive the topic Digital literacy as part of the RSHE curriculum. This is delivered in their fortnightly PSHE lessons. The content includes:</p> <ul style="list-style-type: none"> ● Personal information ● Devices ● Scams ● Social media ● Staying safe online ● Online grooming
Year 8	<p>In year 8 students receive the topic Identity and relationships as part of their RSHE curriculum. This is delivered during a personal development day in January (allocated topic lessons to Manor teaching staff members). The content covered in this topic include:</p> <ul style="list-style-type: none"> ● Sexualised media ● Safer online relationships ● Sexual harassment ● Sharing of nudes ● Preventing gender based violence <p>The students also receive the topic Discrimination as part of their PSHE curriculum. This is delivered only in their PSHE lessons once a fortnight and the content covered in this topic includes:</p> <ul style="list-style-type: none"> ● Identity, belonging and influences ● Stereotypes ● Discrimination and protected characteristics ● Racism ● Gender based and sexist discrimination ● Religious discrimination
Year 9	<p>In year 9 students receive the topic Intimate relationships as part of their RSHE curriculum. This is delivered during a personal development day in January (allocated topic lessons to Manor teaching staff members). The content covered in this topic include:</p> <ul style="list-style-type: none"> ● Freedom to consent ● Contraception ● Avoiding assumptions ● Sexual health <p>They also receive the topic Respectful relationships as part of their PSHE curriculum. This is delivered only in their PSHE lessons once a fortnight and the content covered in this topic includes:</p> <ul style="list-style-type: none"> ● Understanding changing relationships ● Roles in the family

RSHE Programmes of Study	
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	<ul style="list-style-type: none"> ● Managing relationship breakdowns ● Conflict ● How conflict grows ● Introduction to conflict communication <p>Students also receive a one hour session in the July personal development day the impact and spread of Misogynistic views.</p>
Year 10	<p>In year 10 students receive the topic Intimate relationships as part of their RSHE curriculum. This is delivered during a personal development day in January (allocated topic lessons to Manor teaching staff members). The content covered in this topic include:</p> <ul style="list-style-type: none"> ● The impact of pornography ● Pressure, persuasion and coercion ● The role of intimacy and pleasure ● Forced marriage ● Rights and abuse <p>They also receive the topic Extremism and radicalisation in their once a fortnight lessons (yet to be decided method of delivery). The content in the topic includes:</p> <ul style="list-style-type: none"> ● Valuing diversity ● Understanding extremism ● Extremist groups ● Influencers and money ● Can it be trusted? ● Run Hide Tell <p>They also receive the topic of Navigating the online world. This is delivered fortnightly in their timetabled PSHE lessons. The content delivered includes</p> <ul style="list-style-type: none"> ● AI in our daily lives ● Limitations of AI ● AI and our world ● Chatbots and relationships ● Deepfakes what's the harm? ● What can be done? <p>Students also receive a one hour session in the July personal development day Safely challenging Misogynistic views</p>
Year 11	<p>In year 11 students receive the topic Families and communication in relationships as part of their RSHE curriculum. This is delivered in their fortnightly PSHE lessons with their regular PSHE teacher. The content covered in this topic include:</p>

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	<ul style="list-style-type: none"> ● Family conflict ● Long term commitment ● Fertility and parenthood ● Pregnancy outcomes ● Abortion ● Communication in relationships

Health Education Programmes of Study	
Relates to item 7.1 within the RSHE Policy	
Year 7	<p>In year 7 students receive the topic Health and puberty as part of their RSHE curriculum. This is delivered in their PSHE lessons which are once fortnightly (with a timetabled teaching staff member of the academy) and also in a personal development day in January (allocated topic lessons to Manor teaching staff members). The content covered in this topic include:</p> <ul style="list-style-type: none"> ● Menstruation ● Diet and exercise ● Physical health ● Sleep ● HPV ● Dental Health ● Asthma ● Female Genital Mutilation accessing help and support
Year 8	<p>In year 8 students receive the topic Drugs and Alcohol as part of their RSHE curriculum. This is delivered in their PSHE lessons which are once fortnightly (with a timetabled teaching staff member of the academy). The content covered in this topic include:</p> <ul style="list-style-type: none"> ● Understanding drugs ● Tobacco and nicotine ● Risk ● Vaping ● Attitudes towards drugs and risk ● The law around substances <p>They also receive the topic emotional wellbeing as part of their fortnightly PSHE lessons. The content in this topic includes:</p> <ul style="list-style-type: none"> ● Attitudes to mental health ● Promoting emotional wellbeing ● Digital wellbeing ● Unhealthy coping strategies

Health Education Programmes of Study	
Relates to item 7.1 within the RSHE Policy	
	<ul style="list-style-type: none"> ● Healthy coping strategies ● Managing grief and loss
Year 9	<p>In year 9 students receive the topic Peer influence, substance abuse and gangs as part of their RSHE curriculum. This is delivered in their PSHE lessons which are once fortnightly (with a timetabled teaching staff member of the academy). The content covered in this topic include:</p> <ul style="list-style-type: none"> ● Relationships ● Managing risk ● Gangs ● Offensive weapons ● Knife crime ● Substance abuse
Year 10	<p>Year 10 students receive the topic Exploring influence in their once a fortnight PSHE curriculum lessons. The content in the topic includes:</p> <ul style="list-style-type: none"> ● Start of gang activity ● Risks and consequences ● Exit strategies ● Risks of drugs ● Managing influence ● Seeking support
Year 11	<p>In year 11 students receive the topic Independence as part of their RSHE curriculum. This is delivered in their fortnightly PSHE lessons with their regular PSHE teacher. The content covered in this topic include:</p> <ul style="list-style-type: none"> ● Risks when leaving school ● Breast and testicular cancer ● Body alterations and sun beds

Assessment
Relates to item 15.2 within the RSHE Policy
<ul style="list-style-type: none"> ● Students will be provided with a set of I can statements at the start of every topic. They will complete the “I can statements” to display their capabilities with the topic prior to any teaching. Students then complete the “I can statements” again at the end of the topic to display their own personal progress across the topic.

Assessment

Relates to item 15.2 within the RSHE Policy

Teachers will look over this and mark to say if they agree with the student's self-reflection and provide a positive comment for future progress.

- During an individual lesson students will receive a baseline independent learning zone task which will display their current knowledge of the topic about to be covered. Students will then be asked to reflect back on this task in their endpoint independent learning zone in order to display to themselves and their teacher their individual progress.
- PSHE teachers will use a wide array of pedagogical techniques to assess students learning within the lesson including targeted questioning, show me boards, low stakes quizzing, think pair share and written responses.
- All work will be conducted within exercise books to ensure that the same high standards around the school are matched in PSHE. These books will be reviewed on a termly basis due to the fortnightly nature of the lessons, however this marking policy will defer to wider school strategies as and when needed.